

## BARNET & DISTRICT ATHLETIC CLUB



## FRATERNITY & SORORITY CUP

... Combined with...

## NORTH WEST LONDON LEAGUE ...and... CHINGFORD LEAGUE

## TRENT PARK Saturday 27<sup>th</sup> November 2021

TIME	RACE	ROUTE
12.45	Girls and Boys under 11	Two small laps (coloured red) of the Start/Finish Field.
		approx. 2,000m
13:00	Girls and Boys under 13	Three small laps (coloured red) of the Start/Finish Field.
		approx. 3,000m
13.20	Girls and Boys under 15	One small lap (coloured red) and two medium laps (coloured blue) of the Start/Finish Field.
		approx. 4,000m
13.45	Girls and Boys under 17	Three medium laps (coloured blue) of the Start/Finish Field.
		approx. 5,000m
14.30	Fraternity & Sorority Cup and Chingford League	One medium lap (coloured blue) of the Start/Finish Field, followed by two large laps (coloured red) of the Stat/Finish Field and of the Northern Field.
	Senior Men & Women	approx. 8,000m