**Committee Meeting Minutes at Cricklefields**

**21st January 2020**

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|  | **Notes** | | | | **Action** |
| 1. | **In Attendance:** Nicola Hopkinson, Wes Clarke, Ernie Forsyth, , Satha Alaganandasundaram, Bill Green  Rob Sargent (invited), Martin Clarke (invited), Gary Floate (Invited) | | | |  |
| 2. | **Apologies:** Andy Catton, Sharon Honey | | | |  |
| 3. | **Previous Minutes** – 3rd December 2019 minutes agreed and signed as a true record. | | | |  |
| 4. | **Coaching**  All coaches still seeking additional help both qualified and unqualified. Sharon Honey, Roger Honey and Ernie Forsyth have agreed to run sessions on Tuesday between 6-7pm after taking relevant courses and DBS checks. Ernie to look into courses and communicate a start date for the sessions.  Club agreed to pay for Carlie’s CiRF Course. | | | | EF |
| 5. | **Membership and Subscription (NH)**  Subs to date £6667 (inclusive of UKA license fees).  UKA fee being increased to £16 for 2020/21 season. Club agreed to absorb the additional £1 and for membership fees to stay the same as this season. This will be proposed for agreement at the AGM. | | | |  |
| 6. | **New Members**  Abdulhakim Mohamed – SM (Student)  Rhys Ofori – U15 | | | |  |
| 6.1 | **Resignations**  Mario Dobrescu has transferred to Shaftesbury Barnet | | | |  |
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| 7. | | | **Track & Field (AC)**  Will be urgent need for Track & Field Officer volunteer for 2020. AC acting in role in 2019 but cannot carry on due to other commitments next year. IMPORTANT. AC to produce a job spec. c/f  Club agreed to pay for coaches for athletes to travel as a team to relevant summer SAL matches. | | ALL/AC |
| 8 | | | **Road & Cross Country**  Essex League: 11/01 – Hilly Fields - well attended. Next match at Braintree of the 15th February. Men are currently 3rd in the league.  **4th January** - **County Cross Country Champs Basildon** – 35 runners turned out. U17 boys won the team prize with Aaron and Jak winning individual gold and bronze.  **25th January** - **Southern Cross Country Champs**. Parliament Hill – 15-17 runners have signed up. | |  |
| 9 | | | **Race Organisation**  **Elvis 2020 Planning Meeting** set for 9th March at Manor House. Need to decide date for Hilly Five and any points to raise at next Committee Meeting.  BG continuing to look at options to purchase a video camera, current proposal is a gopro 7 and will monitor prices in New Year Sales  **10 Mile Race** - NH provided Race Accounts, will adjust for cost of numbers and blankets. Club agreed all additional donations/tea money to go to Kevin/Charity.  **10 Mile Race** – complaint received from a horse rider, responded saying we understood her concerns and got her email address so we can warn her in advance of the race next year.  **10 Mile Race** - Martin Clarke – proposed switching prizes to money for 10 mile race based on numbers – to review next year based on pre-entries. Need to promote race earlier next year.  **10 Mile Race** – request to discuss the inclusion of the club champs in the race which clashes with the need for club members to be volunteers to help run the race itself. To be discussed for the next race. | | ALL  BG  NH |
| 10 | | | **Media & Publicity (BG)**  BG - Publicity in Ilford Recorder continues to be great.  We pushed the Ilford 10 Mile Race in as many places as we could.  Using Twitter now for press reports to encourage more people to read them. | |  |
| 11 | | | **Chigwell Row Portacabin**  Shower heads need descaling. EF to take a look at them. | | EF |
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| 12 | | **Social (SH)**  Young athletes end of season awards night social in ISC Hall on 22/11 – Accounts in progress.  Suggestion is to have a combined Awards event for next season. SH/EF to discuss.  BG to organize another Pie and Mash Trip | | SH/EF  BG | |
| 13 | | **Finance Report (WC)**  Finances remain in healthy state overall, small deficit this month but doesn’t include 10 Mile Race income which will hit in January. Entry fees for the Cross Country Champs were the biggest expense.  Carried forward - why are we still paying ISC £40 a month irrespective that Vision now paying £40 for public use of changing rooms and toilets? Changing rooms often unusable also the board room for meetings. EF & NH to monitor availability and condition. Both considered poor. Complaint from lady members that changing room/toilet “disgusting”. AC wrote to Vision but not received any response. To chase up.  EF – purchased more club medals | | AC | |
| 14 | | Correspondence  No official correspondence received from Essex.  Carried forward - coaching help urgently needed as we are turning athletes away. Development meeting for T & F to be arranged in October. Covered by proposed new sessions on Tuesday night with SH/RH/EF  Email from Martin regarding update required for IAC website. Martin invited to Committee meeting on 21-01-20.  Email sent to Mario thanking him for his services to the Club.  Email from Gary Floate enclosing 2019 road times for men and women. Top 50 times for 10m 5m and 5k  Email sent to all coaches reminding them and their athletes of their responsibilities regarding track discipline, this followed a minor incident at a Tuesday evening track session.  Email from Carlie requesting Club support for her upcoming coaching course this was agreed by Committee members.  Email from Billy requesting that we update the qualifying criteria for London marathon 2021 to include some x country races.  Email sent to Satha regarding clash of dates between Essex County Road Relays and Brentwood Half Marathon, many of our road athletes have already entered Brentwood Half as part of London Marathon preparations making it difficult to make teams for the road relays. | |  | |
| 15 | | **AOB**   1. Club Website – Martin to review website to remove areas that are not being updated etc. and send proposed test site for everyone to look at. 2. CQ - questionnaire to go out with new members pack. CQ provided draft of first “survey” today. AC and NH looked at and feel needs some refinement. More relevant questions? AC to ask coaches their views and ideas for questions.AC to follow up. 3. AC - 75th Anniversary book for the Centenary. Martin C agreed provisionally to work on as long as has assistance - Alan Pearl & Jim Huddart both agreed to assist MC & AC. C/f 4. EF - possible grant for new clubhouse at Cricklefields. EF has written to Peoples Lottery. Applications are not being accepted until April 2020 5. EF - Winter Trophy also needs winner’s names engraved. o/s as names to be advised 6. AC - George of ISC approached EF & AC about Jo Duncan (former GB international shot putter) representing athletics and IAC on their management committee. WC commented that he knows her as member of Woodford and is a good, sensible and nice person. Committee agreed to pursue possibility (as no other IAC volunteers for role) subject to Jo becoming a member and reporting to club committee. See AOB point (9) 7. RS – Redbridge cycle circuit December Session well attended (over 25 runners), February session to be booked. 8. AC – can we order more new club T-shirts? BG confirmed a minimum order of 51 will secure £15 pricing, order to be submitted. 9. EF – Ilford Sports Club AGM between Ilford Sport Center, Ilford FC and Barking FC – EF attended and found it to be totally disorganized and procedurally incorrect. After much debate, a new Board was voted in with Directors, Officers and a dedicated fund raiser. View is this will improve the current running of the facilities. EF advised that Jo Duncan would report back to Ilford AC Committee on any issues that could impact us but will not act as an official representative of Ilford AC nor vote on our behalf. 10. EF – attended a meeting with Ilford FC rep Michael Foley and Andy Jones of Vision regarding the installation of football dug outs at the track, upon our insistence it was agreed that for health and safety reasons the dug outs be secured permanently in their historic position along the back straight. Andy Jones agreed to arrange the installation by competent contractors. 11. BG – requested we discuss including cross country races in the London Marathon qualifying criteria. | | MC  AC  AC  EF  EF  AC/EF  RS  BG  EF | |
|  | | **Meeting finished 9.47**  **Next committee meeting Tuesday**  **18th February 2020 at 8pm Club**  **Portacabin at Cricklefields** | |  | |
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