



ILFORD ATHLETIC CLUB

Annual General Meeting Minutes

Held at Ilford Sports Club 8pm on 13th March 2018

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In Attendance: Andy Catton, Wes Clarke, Rob Sargent, Neil Johnstone, Wayne Hick, Neil Crisp, Satha Alaganandasundaram, Robin Davis, Bill Green, Ian Gains Dave Ainsworth, Michael Croft, John Mackenzie, Dennis Briggs, Pam Jones, Carlie Qirem, Launa Broadley, John Crawley, Anthony Young, Nicola Hopkinson, Alan Pearl, Sharon Honey, Henry Ricketts, Ian Gains & Dianne Crisp.

2. **Apologies:** Colin Fox, Gary Floate, John Mackenzie, Ernie Forsyth, Ed Shilabeer, Jenni Sheehan.

3. Last years AGM minutes of 7th March 2017 were agreed as a true record.

4. **Matters arising from last AGM minutes**
None.

5. **General Secretary's Report:**

Andy Catton wanted to emphasise what a great a team effort this year in all aspects of the club. Many thanks to a very proactive diligent committee this year who have galvanised the work. Thank you for all the great work from the Coaches and Team Manager and for a general upsurge in all aspects of the club.

Many thanks go to our outgoing President Robin Davis for his 2 year term as President thanks for your enthusiasm and attending pretty well every event over the last two years.

Andy didn't want to name individuals but all of the results for this year are on the website. Thanks to Bills brilliant reporting each week and keeping the website up to date. There have been many great performances by the young athletes and a good return to the Track with the Southern league. The Vets track & field is blooming with us even having selection issues during the year! There has also been a good turn out for the road events thanks to everyone who has competed this year. The organisation and the support for the Newman Hilly 5 was outstanding this year and the club 10 miles was a great success as well.

The Hut at Chigwell row is still going along and not to much has been spent in repairs over this year we are patching it up and keeping it going.

Sadly I have to report the sad passing away of Howard Williams whose input into the club was immense over a great many years.

6. **Presidents Address**

Robin Davis, thanked everyone, coaches & support from everyone for the help over the last two years and reported that it is great to see the Club going forward.

7. **President Elect**

Nominations Nicola Hopkinson, Nicola's nomination was proposed by Robin 2nd by Andy Catton and the whole meeting agreed. Robin Davis presented the Presidents Chain of Office to Nicola.



8. Finance Officers Report

Wes Clarke presented the audited accounts. Thank you Wes for all your work in the past year.

9. ILFORD ATHLETIC CLUB

OFFICERS & HONORARY POSITIONS 2018/19

President	Nicola Hopkinson
Chairperson	Ernie Forsyth
General Secretary	Andy Catton
Financial Officer	Wesley Clarke
Youth Development Officer	Wayne Hick & Gary Floate
Coaching Co-ordinator	VACANT
Membership Officer	Nicola Hopkinson
Media & Publicity Officer	Bill Green
Social Events Officer	Sharon Honey
Track & Field Officer	VACANT
Cross Country & Road Officer	Satha Alaganandasundaram
Walking Officer	Steve Uttley
Coaches Co-ordinating Officer	VACANT
Schools Liaison Officer *	Ian Gains
Welfare Officers (Male & Female) *	Rachel Halpin
Men's Cross Country & Road Team Manager	Bill Green
Ladies Cross Country & Road Team Manager	Bill Green
Men's & Ladies Track & Field Manager	Gary Floate
Walking Team Manager	Steve Uttley
Veterans Track & Field Team Manager	Henry Ricketts

Auditors

John MacKenzie & Tim Heaney

- non-committee position

Andy Catton asked for a show of hands from the floor to Elect those willing to stand as above in bulk which was agreed by the Meeting. An vacancies will try to be filled by the committee over the coming months.



10. Track Report 2017

2017 saw a huge improvement in the teams southern league performances, we improved our league position from 20th in 2016 to 17th in 2017, which does not sound impressive, but when you consider we averaged 99.4 points per match in 2016 and this year improved to 174 points a match in it's a huge improvement. We even managed over 200 pints in the last two matches and finished the fourth match in 3rd place. Going to two matches by Coach was great and was good for team bonding.

Thanks to the new sprint squad we were able to cover many more events, at the last fixture at Colchester we covered all men's events A & B string, except the high hurdles. The women's side is growing and at Colchester we had 8 ladies all arguing their case to run in the 4x 100 relay. We are still struggling in the women's jumps and throws, but hopefully this will improve over the next few years.

Next season sees us having a home fixture for the first time in almost ten years and it would be great if we could cover as many events as possible at home and also get not competitors out help with officiating and cheering the team on.

Thanks to all the athletes that competed this year, especially those that took on events that they don't normally do in an attempt to get points.

Thanks to the coaches Ian, Wayne, but especially to Nat, Simeon and Dewa, who worked wonders with the young sprint squad and bringing those athletes to the league has been a huge boost.

Away from the League medals were gained at the Essex Championships by Krystle Balogun (3rd senior ladies 800m) Mungo Prior 2nd U20 2000s/c, Aaron Samuel 2nd U15 800m and 1st U15 1500m. Mario Dobrescu junior 200m and Aaron junior 1500m both won gold at the Essex schools champs. Medals were also won at the Essex relay championships, but unfortunately the results have been removed from the site and my memory is not what it used to be.

Anthony George won the south of England U17 Triple jump with a fine leap of 13m 11.

Ahmed Abdulle broke the clubs long standing U20 5000m record in June, before he was lured away in the night by men in green striped vests.

Star performer of the season was young Aaron Samuel who over the last 12 months has claimed 5 Essex titles, as well as winning the English Schools Cup Final. In May in finishing 2nd in the Essex Schools 800m in a time of 2.04.44 he broke the U15 club record which had stood since in 1981. In his heat of the All English schools 1500m he ran a time of 4.11.86 which broke the club U15 1500m which again has stood since 1981, the previous record holder being a certain G Floate, whatever happened to him. Aaron went on to finish 8th in the final of the all English schools 1500m.

Worth mentioning that during the recent indoor season, Mario Dobrescu came 3rd in the National U15 200m championships in a time that was faster than the club U15 outdoor record which was set in 1965.

Gary Floate



12. To Elect Life Members

None.

13 AOB

Neil Crisp asked if the Ilford Sports Club could be asked to clean the changing room.

Great turn out for Cross country this year. The young athletes and men maintained their status and the ladies we promoted.

Neil Crisp asked if the committee would investigate individual athletes to enter themselves for the Southern and National Championship going forwards?

Meeting Closed at 8.45pm

Date of Next AGM March 2019 TBC