



## Boxing Day Handicap

### Club Boxing day Handicap

#### Previous Results



#### Iford AC Boxing Day Handicap

Hainault Forest

*December 26th 2019*

A field of 18 runners brushed off the Turkey and Christmas hangover to toe the line for the 11th annual Iford AC Boxing day handicap.

The route is 3.3 miles through the hills and mud of Hainault Forest and forms one lap of the clubs own 10 mile championships

This year, for the second time, the course was marked out due to people getting lost and running their own route in previous years.

As in previous years a member of the Hick family ran out as winners with Wayne Hick recording 48:08 for first place, just beating Steve Philcox who came in just 9 seconds later. Steve was closely followed by Denis Brigs 48:27, Danny Holeyman 49:04 and George and Matthew Hick who had their own little battle finishing 5th and 6th in times of 49:09 and 49:16.

Special mention to the youngest member out there in the mud Noah Crawley who placed 7th place in 49:21 to win some sweets.

First lady home was a lady who has worked really hard this year to come back from a little time away from competing Sharon Honey who finished in 49:23, just over a minute from the leaders.

Next lady home was Launa Broadley who's screams as she encountered the mud brought attention from miles around.

Finishing in last place, obviously too full of the Christmas Spirit(s) was Billy Green in 52:23 - a full 4 minutes from threatening the leader board!



## Boxing Day Handicap

### FINISHING POSITIONS

| NAME                     | Mins | Secs | HANDICAP | NETTIME |
|--------------------------|------|------|----------|---------|
| <b>1</b> Wayne Hick      | 48   | 08   | 24       | 24 08   |
| <b>2</b> Steve Philcox   | 48   | 17   | 27       | 21 17   |
| <b>3</b> Denis Briggs    | 48   | 27   | 24       | 24 27   |
| <b>4</b> Danny Holeyman  | 49   | 04   | 26       | 23 04   |
| <b>5</b> George Hick     | 49   | 09   | 22       | 27 09   |
| <b>6</b> Matthew Hick    | 49   | 16   | 26       | 23 16   |
| <b>7</b> Noah Crawley    | 49   | 21   | 0        | 49 21   |
| <b>8</b> Sharon Honey    | 49   | 23   | 18       | 31 23   |
| <b>9</b> Aaron Hick      | 49   | 31   | 25       | 24 31   |
| <b>10</b> Ernie Forsyth  | 49   | 46   | 20       | 29 46   |
| <b>11</b> Ryan Holeyman  | 49   | 55   | 27       | 22 55   |
| <b>12</b> Alfie Hick     | 49   | 58   | 22       | 27 58   |
| <b>13</b> Karl Hick      | 50   | 04   | 25       | 25 04   |
| <b>14</b> Hayden Newland | 50   | 15   | 27       | 23 15   |
| <b>15</b> Sam Rahman     | 50   | 30   | 28       | 22 30   |
| <b>16</b> Charlie Hick   | 51   | 32   | 22       | 29 32   |
| <b>17</b> Launa Broadley | 51   | 53   | 13       | 38 53   |
| <b>18</b> Billy Green    | 52   | 23   | 21       | 31 23   |

### TIME WITHOUT HANDICAP

| NAME                     | Mins | Secs |
|--------------------------|------|------|
| <b>1</b> Steve Philcox   | 21   | 17   |
| <b>2</b> Sam Rahman      | 22   | 30   |
| <b>3</b> Ryan Holeyman   | 22   | 55   |
| <b>4</b> Danny Holeyman  | 23   | 04   |
| <b>5</b> Hayden Newland  | 23   | 15   |
| <b>6</b> Matthew Hick    | 23   | 16   |
| <b>7</b> Wayne Hick      | 24   | 08   |
| <b>8</b> Denis Briggs    | 24   | 27   |
| <b>9</b> Aaron Hick      | 24   | 31   |
| <b>10</b> Karl Hick      | 25   | 04   |
| <b>11</b> George Hick    | 27   | 09   |
| <b>12</b> Alfie Hick     | 27   | 58   |
| <b>13</b> Charlie Hick   | 29   | 32   |
| <b>14</b> Ernie Forsyth  | 29   | 46   |
| <b>15</b> Billy Green    | 31   | 23   |
| <b>16</b> Sharon Honey   | 49   | 21   |
| <b>17</b> Launa Broadley | 38   | 53   |
| <b>18</b> Noah Crawley   | 49   | 21   |



### Ilford AC Boxing Day Handicap

Hainault Forest

December 26th 2018



## Boxing Day Handicap

A record field of 30 runners brushed off the Turkey and Christmas hangover's to toe the line for the 10th annual Ilford AC Boxing day handicap.

The route is 3.3 miles through the hills and mud of Hainault Forest. This year, for the first time, the course was marked out due to people getting lost and running their own route in previous years.

The first 5 finishers all finished within a minute of each other and was led home by Matthew Hick, closely followed by Jak Wright, John Crawley, Ryan Holeyman and Steve Philcox. Taking away the Handicaps Steve Philcox was the fastest Ilford runner on the day with a time of 20:50.

The ladies were led home by ever reliable Natalie Crisp followed by Anna Crawley, Gaye Young, new member Linda Day and Sharon Honey. Taking away the Handicaps Linda Day was the fastest female with a time of 28:02.



### **Ilford AC Boxing Day Handicap**

Hainault Forest

December 26th 2017

A record field of 23 brushed off the Turkey and Christmas hangover's to toe the line for the 9th annual Ilford AC Boxing day handicap. The overnight rain had turned the course into the



## Boxing Day Handicap

usual swamp and choice of footwear was completely irrelevant.

The idea of the handicap is that the slower runners go off first at varying time intervals and the fastest runner goes off last and tries to catch everyone, unfortunately time constraints meant the course was not marked or marshalled. A few people were unaware of the course and made up their own route.

First off were Sharon and Roger Honey, with Roger being a former 110m hurdler the race was slightly over distance, they were followed by Julia Galea, Sally Gillam and Pauline Tester.

New member Anna Crawley off 4 minutes made a good start. The Hick family had dominated the race the last two years, and young Aaron aged just 9 was competing in the race for the first time. Eventually after 20 minutes the last runner Paul Grange of Havering went off.

The on course report suggested that Satha was struggling with the mud, Jak Wright had lost one of his shoes and at a certain point of the course everybody had chosen their own route. Meanwhile back at the front of the race Anna was making the most of her generous handicap and had moved into the lead. Further down the field young Aaron was passing people and Stephen Philcox was moving the fastest.

Anna held onto her lead to win by 41 seconds, from Sally Gillam, closely followed by Pauline Tester.

First male home in 5th place was former winner Alun Jones and another former winner Matthew was the first of the Hicks home, closely followed by younger brother Aaron. Steve Philcox turned out to be the fastest of the day for 15th

|                  | <b>Gun Time</b> | <b>H/Cap Min</b> | <b>Actual Time</b> |    |
|------------------|-----------------|------------------|--------------------|----|
| 1 Anna Crawley   | 33 36           | 04               | 29                 | 36 |
| 2 Sally Gillam   | 34 17           | 03               | 31                 | 17 |
| 3 Pauline Tester | 34 34           | 03               | 31                 | 34 |
| 4 Sharon Honey   | 35 08           | 00               | 35                 | 08 |
| 5 Di Crisp       | 35 10           | 3 30             | 31                 | 40 |
| 6 Alun Jones     | 35 19           | 05               | 30                 | 19 |
| 7 Mathew Hick    | 37 07           | 14               | 23                 | 07 |
| 8 Julia Galea    | 37 33           | 01               | 36                 | 33 |
| 9 Wayne Hick     | 37 51           | 11               | 26                 | 51 |
| 10 Aaron Hick    | 37 51           | 11               | 26                 | 51 |
| 11 Karl Hick     | 39 01           | 14               | 25                 | 01 |
| 12 Satha Alaga   | 39 10           | 06               | 33                 | 10 |



## Boxing Day Handicap

|                        |    |    |       |    |    |
|------------------------|----|----|-------|----|----|
| 13 Billy Green         | 39 | 10 | 06    | 33 | 10 |
| 14 Roger Honey         | 39 | 10 | 00    | 39 | 10 |
| 15 Steve Philcox       | 39 | 16 | 18 30 | 20 | 46 |
| 16 John Crawley        | 39 | 58 | 17 30 | 22 | 28 |
| 17 Sam Rahman          | 40 | 10 | 18 30 | 21 | 40 |
| 18 Neil Crisp          | 40 | 22 | 18    | 22 | 22 |
| 19 Jak Wright          | 40 | 54 | 17    | 23 | 54 |
| 20 George Hick         | 41 | 13 | 14 30 | 26 | 43 |
| 21 Paul Grange         | 41 | 31 | 20    | 21 | 31 |
| 22 Diarmuid MacDonnell | 41 | 38 | 16 45 | 24 | 53 |
| 23 Dennis Briggs       | 41 | 46 | 16 30 | 25 | 16 |



### **Boxing Day 2016 - Guest Alfie Hick Wins Boxing Day Handicap.**

14 runners contested this year's Boxing Day Handicap with nearly half the field being made up from the Hick family. Compasses will be issued next year. Results are below.

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December 26th 2017



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Gun Time H/Cap Min Actual Time

|    |                |    |    |    |    |    |    |
|----|----------------|----|----|----|----|----|----|
| 1  | Anna Crawley   | 33 | 36 | 04 | 29 | 36 |    |
| 2  | Sally Gillam   | 34 | 17 | 03 | 31 | 17 |    |
| 3  | Pauline Tester | 34 | 34 | 03 | 31 | 34 |    |
| 4  | Sharon Honey   | 35 | 08 | 00 | 35 | 08 |    |
| 5  | Di Crisp       | 35 | 10 | 3  | 30 | 31 | 40 |
| 6  | Alun Jones     | 35 | 19 | 05 | 30 | 19 |    |
| 7  | Mathew Hick    | 37 | 07 | 14 | 23 | 07 |    |
| 8  | Julia Galea    | 37 | 33 | 01 | 36 | 33 |    |
| 9  | Wayne Hick     | 37 | 51 | 11 | 26 | 51 |    |
| 10 | Aaron Hick     | 37 | 51 | 11 | 26 | 51 |    |



## Boxing Day Handicap

- 11 Karl Hick 39 01 14 25 01
- 12 Satha Alaga 39 10 06 33 10
- 13 Billy Green 39 10 06 33 10
- 14 Roger Honey 39 10 00 39 10
- 15 Steve Philcox 39 16 18 30 20 46
- 16 John Crawley 39 58 17 30 22 28
- 17 Sam Rahman 40 10 18 30 21 40
- 18 Neil Crisp 40 22 18 22 22
- 19 Jak Wright 40 54 17 23 54
- 20 George Hick 41 13 14 30 26 43
- 21 Paul Grange 41 31 20 21 31
- 22 Diarmuid MacDonnell 41 38 16 45 24 53
- 23 Dennis Briggs 41 46 16 30 25 16

### **Boxing Day 2015 - Quick Hick Wins Boxing Day Handicap.**

A record field of 17 brushed aside the excesses of Christmas day to toe the line at the Club's 7th annual Ilford AC Boxing Day handicap.

The race takes place over 3 miles of some of the muddiest sections of Hainault Forest. First to go off was Doris Gaga and then the other athletes at regular intervals until finally after 11 minutes scratch man Ahmed Abdulle set off.

Ernie Forsyth had quickly overtaken, Doris and was the leader at half way, but 11 year old Matthew Hick was moving through the field, together with his father Wayne. Further back Tom Gardner was rapidly gaining ground. However scratch runner Ahmed had trouble with the local wildlife and had to hide behind a tree to let both horses and dogs go past him.

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Entering the last stretch of the race the Hick family were still leading the way and young Matthew held on to win bragging rights. His winning time was 26 minutes exactly, which was 26 seconds clear of his father. In 3rd place was Tom Gardner who ran not only the fastest time of the day 19.46, but the second fastest time in the events history. First lady home was Mel Jones in 4th place in a time of 27.22. Other places were:- 5th Steve Philcox 21.01, 6th Neil Crisp 22.49, 7th Bradley Brown 24.46, 8th Sam Rahman 21.30, 9th Ahmed Abdulle 20.51, 10th Jenni Sheehan 26.25, 11th Ernie Forsyth 31.13, 12th Declan Cullen 27.58, 13th Martin Clarke 29.04, 14th Nikki Fairbairn 33.04, 15th Doris Gaga 35.37, 16th Billy Green 32.49, 17th Rob Sargent 34.19



## Boxing Day Handicap



**Ilford AC Boxing Day Handicap 2013**



**Ilford AC Boxing Day Handicap 2011**



**Boxing Day Handicap - 26th December 2010**