



## Press Report. 25th February 2020



National Cross Country Champs Nottingham 22nd February 2020 The National cross country championships, held by the English Cross Country Association was held at Wollaton Park, Nottingham, on Saturday. Pitting himself against the finest athletes in the country was Ilford's sole entrant Trevor Robinson. Recent weather meant that the course was less than ideal, with even the elite runners in the country struggling to maintain any kind of speed in the thick mud. Over a very demanding and hilly 12.k course Trevor gave a very good account of himself however, finishing in a time of 1:26 which placed him in 1,679th place. BMC Indoor track meeting Lee Valley 19th February 2020 The BMC is one of the premier middle distance athletics clubs in the country, with athletes having to achieve target ...[Read more](#)

## Club AGM 2020



NB Due to the Coronavirus the AGM is now cancelled. Agenda for Cub 2020 AGM booked for 19th March at ISC Sports Hall Scan-127.pdf [Read more](#)

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