



## **St Clares 10k**

Essex

The St Clare Hospice 10k starts and finishes at the Hospice in Hastingwood, Essex, tackling a route along roads through the beautiful Essex countryside and raises much needed funds for the Hospice.

Ilford Julia Galea is a regular at this event and was pleased with her time of 1 hour 4 minutes 26 seconds which placed her 19th in her age grouping on the day.





## Press Report 8th April 2025