



## Ilford AC Press Report 4th March 2025

Subject: Ilford AC Press Report 4th March 2025

Message from Billy Green March 4, 2025 06:20

All Club e-mail messages can now be viewed via the Ilford AC web site link at  
[ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

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Some great performances at the Essex Indoor Champs this weekend.  
Read all about it here:-

[ilfordathleticclub.co.uk/2025/03/03/press-report-4th-march-2025/](http://ilfordathleticclub.co.uk/2025/03/03/press-report-4th-march-2025/)

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately