

.

Subject: Press Report 23rd September Message from Billy Green September 23, 2024 12:20 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

With the chip timing fiasco at Valentines, goodness knows if I am going to have to make any changes to this (hopefully only minor place adjustments) but here is your weekly Press Report

ilfordathleticclub.co.uk/2024/09/23/press-report-23rd-september-2024/

With so many runners competing at the weekend, hence the long report, I shall report on the following races next week Ipswich Half, Vitality 10k and the Westminster Mile

Regards

Billy

.....

If you need to respond to this email please do not reply but contact Billy Green separately