



Press Report 20th August 2024

Subject: Press Report 20th August 2024

Message from Billy Green August 20, 2024 07:56

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

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A great weekend for the club with a large turnout and 7 Gold medals in the Essex 5 Mile Champs at Ingatestone.

Added to that a large group of helpers to help with admin and timing, it was a great example of the club pulling together.

SAL report to follow next week, but for now the Essex Champs report can be found at the following link:-

ilfordathleticclub.co.uk/2024/08/20/press-report-20th-august-2024/

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately