



## Ilford AC Press Report 16th July 2024

Subject: Ilford AC Press Report 16th July 2024

Message from Billy Green July 16, 2024 07:52

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[ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

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Good Morning.

This week we hosted our annual Newman Hilly 5 race, back at our old course starting at Hainault Forest Country Park.

A big thank you to everyone who raced or volunteered on the night, especially with the race clashing with a certain football match!

At the weekend the club were delighted to be able to send a male and female representative to compete in the London 10k.

Some hard decisions had to be made, and some good athletes missed out, but the criteria was met by these 2 hard working individuals and both did the club proud

Read all about it at the following link:-

[ilfordathleticclub.co.uk/2024/07/15/press-report-16th-july-2024/](http://ilfordathleticclub.co.uk/2024/07/15/press-report-16th-july-2024/)

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately