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Subject: Ilford AC Press Report 14th May 2024 Message from Billy Green May 14, 2024 11:16 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Some fantastic performances this past week from so many members.

Over 50 athletes (talking numbers, not the age category – although there were a few of them) put on the llford colours to represent the club, so apologies in advance to those that don't make the 'cut' in the printed edition. What you read here is what gets submitted.

So, grab some biscuits, make yourself comfortable and click the link below for this weeks report

ilfordathleticclub.co.uk/2024/05/13/press-report-14th-may-2024/

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately