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Subject: Ilford AC Press Report May 6th 2024 Message from Billy Green May 7, 2024 15:31 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Whilst most of you spent the Bank Holiday mowing the lawn or sitting in the Garden playing your Wham cassette tapes reading The Hobbit, some of our finest runners put on their running kit and raced for the club.

Read all about these fine athletes here:-

ilfordathleticclub.co.uk/2024/05/07/press-report-may-6th-2024/

I also have a report on the Dublin Marathon that I am keeping over for a week.

Cheers

Billy

If you need to respond to this email please do not reply but contact Billy Green separately