



Nicolas gatherings

Subject: Nicolas gatherings

Message from Billy Green March 1, 2024 15:52

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

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Hi Everyone there will be a gathering for Nic to raise a glass to her memory on Friday 12 April at the Eva Hart pub, Chadwell Heath from 7pm.

Also don't forget that Sunday's /walk/jog/run at Hainault at 9am will be dedicated to Nic followed by tea and cake so if you can't make it please do dedicate a weekend run to her and share your photos.

There will be a group run on Sunday 28 April to Bluebell Wood in her memory with a picnic afterwards.

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If you need to respond to this email please do not reply but contact Billy Green separately