



Chingford League 25/11 and Ware Cup 9/12

Subject: Chingford League 25/11 and Ware Cup 9/12

Message from Billy Green November 21, 2023 09:00

All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

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Please find attached details of a couple of upcoming races.

If anyone needs a number / new number for this Saturday please let Danny or Carlie know.

Anyone wishing to run in the Ware Cup at Loughton, please let me know.

Thank you

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately



[Chingford-League-and-Ware-Cup.docx](#)



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