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Subject: Press Report 31st October 2023 Message from Billy Green October 31, 2023 23:23 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Bit of a late one this week, as the results from Basildon were delayed.

Please find this weeks Press Report on the link below

ilfordathleticclub.co.uk/2023/10/31/press-report-31st-october-2023/

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately