



## Ilford AC – Important dates for your diaries

Subject: Ilford AC – Important dates for your diaries

Message from Billy Green October 4, 2023 09:45

All Club e-mail messages can now be viewed via the Ilford AC web site link at [ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

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Please put the following dates in your diaries and attend/help out if you can.  
Lets have a successful finish to our centenary year

**\*SUNDAY OCTOBER 15th\***

**ILFORD AC CENTENARY EVENT**

As part of our Centenary celebrations, we will be holding a 100 laps of the track at Cricklefields.

9am – 1:30pm

We will also take the opportunity to have our Centenary photo taken, at approximately 11am. We hope to involve as many Club members as possible.

Our youngsters will be doing the laps between 9am and 11am after which the rest of our members will do their laps. We do envisage filling all the legs (hopefully).

The photos will be put into our Centenary book and will be a fantastic record of our members

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We will also be organising some competitions for our you get athletes and would appreciate any help that can be given with judging, measuring and timekeeping.

**\*FRIDAY OCTOBER 20th\*.**

**ELVIS PRESENTATION EVENING**

We are hosting at Dagenham and Redbridge Football Club.

**\*Friday November 17th\***

**ILFORD AC CENTENARY PRESENTATION EVENING**

Dagenham and Redbridge Football Club

**\*SATURDAY DECEMBER 30th\***

**ILFORD AC CROSS COUNTRY CHAMPIONSHIPS**

Hainault Forest

This will be the last official event in our centenary calendar, and we would like to make sure this is a successful event.

If you cannot run, please consider helping.



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Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately