



Chingford League details

Subject: Chingford League details

Message from Billy Green September 28, 2023 16:04

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

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I need to submit names for those intending to run in the Chingford League this year by Sunday 1st October.

There will be NO 'on the day' entries for next Wednesdays race at the Velo park, so it's important you let me know by Sunday if you want to race.

Subsequently if you cant make next Wednesdays race, but think you may enter another race in the league can you let me know so that a number can be allocated to you.

On the day we will get a pack of numbers for those racing on the day, and a pack for those racing later dates, plus a few spares.

It will, therefore, be possible to add people later, but easier on the admin if you let me know now.

No obligation to actually run if you do put your name down.

So far I have for the Velo Park on Wednesday:-

Jo Reeves
Gemma Ellender
Alison Sale
Frieda Keane
Launa Broadley
Pauline Tester
Gary Floate
James Huddard

Names for later races I have

Carlie Qirem
Diane Crisp

Thanks all



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Billy

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If you need to respond to this email please do not reply but contact Billy Green separately