



Ilford AC Press Report 26th September 2023

Subject: Ilford AC Press Report 26th September 2023

Message from Billy Green September 26, 2023 09:48

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It's been a busy few weeks of races - I'm worn out just writing it all down!

Held over for next weeks report are the 2 big races from the Capitals of Germany and London, the Berlin Marathon and the Vitality 10k.

This week I bring you 2 races from Essex (Is Ilford in Essex?) and one from Italy

ilfordathleticclub.co.uk/2023/09/26/press-report-26th-september-2023/

Regards

Billy

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