



Ilford AC Cross Country Championships

Subject: Ilford AC Cross Country Championships

Message from Billy Green September 20, 2023 08:55

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ilfordathleticclub.co.uk/messages

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A reminder that the last event of our Centenary season is when we host our own 10 Mile Cross Country Championship race on *SATURDAY 30TH DECEMBER*

If you cannot run for any reason please make yourself available, if possible, to help out and volunteer on the day.

It has been a very successful season so far – Let's end it in style.

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately