



Ilford Vets – Your help is needed 14th August

Subject: Ilford Vets – Your help is needed 14th August

Message from Billy Green July 20, 2023 09:40

All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Message from Vets League manager Henri Ricketts:-

We definitely won match 3 in the Vets league however I've had to question the scoring over the 3 matches combined.

We will either be 3rd or 1st depending on the outcome which means we are either 1 point behind 1st and 2nd or 1 point ahead of the field.

Harrow is the last match on 14th August which tends to be poorly represented.

This is an early call out for 200m, 800m, 3k and 200m relay runners.

Men's field is shot, javelin and long jump with an emphasis on V60 & V70.

I'll update on the scoring once my question has been answered.

Regards

Henri

If you need to respond to this email please do not reply but contact Billy Green separately