



Ilford AC Bluebell Wood run – Sunday April 30th

Subject: Ilford AC Bluebell Wood run – Sunday April 30th

Message from Billy Green April 9, 2023 20:25

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

As part of our centenary celebrations Ilford AC would like to invite you out for a relaxed social run on the trails to Ape's Grove Wood – known locally as 'Bluebell Wood'. See attached flyer for details and route map.

Should you have any questions please get in touch with Sparra by text on 07983 477417 or via direct messaging via the Ilford AC – Running Only or Wednesday Runners Whatsapp Group.

(Many thanks to Sparra for his work on the attached)

If you need to respond to this email please do not reply but contact Billy Green separately



[2023.03.21-Ilford-AC-Bluebell-Run-2023-v2.docx](#)