



Southern League

Subject: Southern League

Message from Billy Green March 6, 2023 08:41

All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Below are the southern league fixtures this season

As you can see we will have to travel but are organizing coaches to venues

It will be great if we can get all athletes, men and ladies supporting the club to compete or help out

The last few years we have only had a very small team so we really need help competing in all events

If you are interested please contact Wayne Hick([w.m.hick @ btinternet.com](mailto:w.m.hick@btinternet.com))

Match 1 May 20th Braintree CM7 1FF

Match 2 June 18th Cambridge CB3 0EQ

Match 3 July 9th Sandy SG19 1BL

Match 4 Aug 19th Ware SG12 0UQ

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately