



## Ilford AC Press Report. Essex XC Champs at Basildon

Subject: Ilford AC Press Report. Essex XC Champs at Basildon

Message from Billy Green January 10, 2023 10:39

All Club e-mail messages can now be viewed via the Ilford AC web site link at [ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

Please find below a link to this weeks report on the Essex County Championships at Basildon. [ilfordathleticclub.co.uk/2023/01/10/press-report-10th-january-2023/](http://ilfordathleticclub.co.uk/2023/01/10/press-report-10th-january-2023/)

As there are no races this weekend (to my knowledge) I have made an editorial decision to hold over the Report on the Regents Park 10k until next week.

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately