

Subject: boxing Day Handicap 2022 Message from Gary Floate December 14, 2022 13:42 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages Still time to enter the boxing day handicap for this year

Only have 6 entries so far, be nice to have a few more

If interested let me know asap

Gary

If you need to respond to this email please do not reply but contact Gary Floate separately