



Coaching qualifications and helping the club

Subject: Coaching qualifications and helping the club

Message from Gary Floate December 4, 2022 13:36

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

Hi All, I hope you are all well

I have been co-opted on to the committee to act in the vacant Coaching Co ordinator role.

I just want to get some details on our current coaches at the moment, so can everyone who has a coaching qualification and is still actively involved coaching, please email with details of their qualifications

Whilst writing to you all (i will switch to my presidents hat) and would also like to say that we are fast approaching a centenary and to keep the club going for another 100 years, we do need people to step forward and become coaches, become an official or serve a term on the committee. Since I have returned to the club(12 years ago now i think) there have been about 5 new committee members.

If we look at coaching Ernie is doing a great job with the youngsters, some of them on the middle distance may be ready to move to a more advanced which Ernie and Andy will take. Can anyone spare any time to help with the others. I know we all want to continue racing forever, but comes a time when perhaps others out becomes more rewarding.

Gary

If you need to respond to this email please do not reply but contact Gary Floate separately