



Ilford AC Press Report. 22nd November 2022

Subject: Ilford AC Press Report. 22nd November 2022

Message from Billy Green November 22, 2022 08:26

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

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Last weekend saw the London Cross Country Championships at the home of Cross Country, Parliament Hill.

See how our athletes did at the link below

ilfordathleticclub.co.uk/2022/11/21/press-report-21st-november-2022/

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately