



## Ilford AC Press Report 15th November 2022

Subject: Ilford AC Press Report 15th November 2022

Message from Billy Green November 15, 2022 11:06

All Club e-mail messages can now be viewed via the Ilford AC web site link at

[ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

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Please find below this weeks Press Report featuring some fine performances over the weekend.

[ilfordathleticclub.co.uk/2022/11/15/press-report-15th-november-2022/](http://ilfordathleticclub.co.uk/2022/11/15/press-report-15th-november-2022/)

Thanks to all who have offered help at our XC Championships on 27th December. I'm still about 8 people short, so please get in touch if you can help

Regards

Billy.

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If you need to respond to this email please do not reply but contact Billy Green separately