



10m XC CHAMPS. 27th December 2022 – Volunteers required.

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Message from Billy Green November 9, 2022 13:52

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

I need 20 Volunteers for our 10M XC Champs on Tuesday 27th December (Bank Holiday).

If you volunteer before 24th November you will receive an exclusive finishers dri-fit T-Shirt as attached, so when you volunteer please state size required (Unisex XS – XXL).

If you are not able to run or volunteer but would like a souvenir T-Shirt then you can purchase one for £15 (or £17 if I need to post it).

Again, I need to know by 24th November as this is a one-off purchase.

These are by the same company who produced the Hilly 5 T-Shirts a few years back, so those that got one will know they come up slightly smaller than the Technical tops.

They are 'Dri-Fit' rather than technical but still great for training in or showing off as casual wear.

If you need to respond to this email please do not reply but contact Billy Green separately



[December-2022-Event-Proof-v4.pdf](#)