

Subject: Ilford AC Press Report 8th November 2022 Message from Billy Green November 8, 2022 14:55 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Busy day at Ilford AC Press Office.

We start off with a trio of local Races for the Senior athletes ilfordathleticclub.co.uk/2022/11/08/press-report-8th-november-2022/

Move on to a report from our youngsters : ilfordathleticclub.co.uk/2022/11/08/junior-press-report-8th-november-2022/

And finish off with Photos, and the list of winners from our awards night last week – ilfordathleticclub.co.uk/2022/11/05/ilford-ac-awards-night-2022/

Happy Reading

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately