

Ilford AC Awards night 2022









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Achievement awards

1 Khalif Ali

2 Latifat Adewunmi

3 Damien Amaniampong

Best performance by Newcomer

Aron Berhe

Most improved athlete

Ronan Edwards

Coaches performance awards



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1 Ruby Moffat Virk

2 Stacey Amaniampong

3 Anika Sharma

4 Luke Thake

5 Ryder Islam

Special performance award

Krystle Balogun

SAL points award for U20

Aleena Lawrence

SAL points award

Dylan Harrod

Senior female SAL award

Jordan Hinds

SAL Athlete of year

Dylan Harrod

Essex Champs T&F award

Toyin Olufemi

Essex T&F Champs award

Paul Grange



Outstanding achievement award. Female

Sameena Ahmed

Outstanding achievement award Male

Dennis Briggs

Outstanding Contribution award female

Alison Sale

Outstanding Contribution award Male

Jeevakan Sivayogan

Winter Trophy winner (F)

Carlie Quirem

Road & X Country female athlete of the year

Jordan Hinds

Road & X Country Male athlete of the year

Stephen Philcox

Field Athlete of the year

Toyin Olufemi

U13 Athlete of the year

Jayden McDermott

U15 Athlete of the year



Samuel Crane

U20 T&F athlete of the year

Oliver Blainey

Junior female athlete of the year

Ayshah Lawrence (accepted by her sister Aleena)

Junior Male athlete of the year

Joseph Grange

Female veteran of year

Joanne Reeves.

Veteran Male athlete of year

Terry Knightley

Track Athlete of the year

Paul Grange

Ilford AC Overall Athlete of the year

Ahmed Abdulle.

Ladies Cross Country Team

Group shot



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