



## Chingford League (Tuesday) / InterClub Vets (Saturday)

Subject: Chingford League (Tuesday) / InterClub Vets (Saturday)

Message from Billy Green October 31, 2022 10:45

All Club e-mail messages can now be viewed via the Ilford AC web site link at [ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

Gentle reminder - If you plan to run at Hog Hill on Tuesday and DO NOT have a number I need to know today

If you plan to run at Loughton on Saturday I also need to know today.

Information I currently have listed below...

Chingford League at Hog Hill needing Numbers (if you have raced previously and have your number please bring it) -

Joanne, Neringa, Dennis, Gaye, Seb, Julia

Entries for the InterClub Vets at Loughton 5th November :-

Diarmuid, Joanne, Andy, Ed Skinner, Jim Tilbrook

Regards

Billy.

If you need to respond to this email please do not reply but contact Billy Green separately