



## Ilford AC Press Report 18th October 2022

Subject: Ilford AC Press Report 18th October 2022

Message from Billy Green October 18, 2022 08:42

All Club e-mail messages can now be viewed via the Ilford AC web site link at

[ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

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Another productive week for our runners and race walkers with club vests being worn in Amsterdam, Slovakia, Portsmouth, London and Essex.

I'm worn out just writing about it !

Find out how your club mates performed on the link below

[ilfordathleticclub.co.uk/2022/10/18/press-report-18th-october-2022/](http://ilfordathleticclub.co.uk/2022/10/18/press-report-18th-october-2022/)

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately