



Essex Cross Country League - One Tree Hill - Sat 15th October

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Message from Billy Green September 26, 2022 16:30

All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Attached are details from Thurrock Harriers AC for the first fixture of the season.

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately



[Essex-XC-League-R1-15th-Oct-2022-Instructions-1.docx](#)