



Ilford AC Press Report 6th September 2022 (a day early)

Subject: Ilford AC Press Report 6th September 2022 (a day early)

Message from Billy Green September 5, 2022 20:46

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

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Please click the link below for this weeks Press Report.

Great runs by Sam in a 20, Sam (different one), Richard and Steve in a Half Marathon and a great team effort in the Essex Way

ilfordathleticclub.co.uk/2022/09/05/press-report-6th-september-2022/

Regards

Billy.

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If you need to respond to this email please do not reply but contact Billy Green separately