



## Ilford AC Press Report Tuesday 30th September

Subject: Ilford AC Press Report Tuesday 30th September

Message from Billy Green August 30, 2022 13:27

All Club e-mail messages can now be viewed via the Ilford AC web site link at [ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

Plenty to report on this week, so pour yourself a glass of Tizer, grab some fig rolls and read up on what your club mates have been up to this Bank Holiday Weekend

[ilfordathleticclub.co.uk/2022/08/30/press-report-30th-august-2022/](http://ilfordathleticclub.co.uk/2022/08/30/press-report-30th-august-2022/)

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately