

Subject: Frank Heaney RIP Message from Martin Clarke August 16, 2022 17:30 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages Message from Ernie:-

Former member, President, athlete and auditor Frank Heaney sadly passed away yesterday 15th August Frank was a great Ilford AC stalwart and had a lasting influence on anybody who ever knew him.He was a great friend and supporter of Ilford AC as well as being a larger than life personality. Our deepest condolences go to his wife Doreen and their family. Frank will be missed by us all.

If you need to respond to this email please do not reply but contact Martin Clarke separately