



## Ilford AC Press Report 18th July 2022

Subject: Ilford AC Press Report 18th July 2022

Message from Billy Green July 18, 2022 21:25

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If you thought last week was a busy Press Report, just wait until you lay your eyes on this weeks.

Not only do we again report through all the disciplines and all the age groups but we also report from the British Masters in Finland where one of our athletes really excelled and did themselves and the club proud.

Plenty of medals this week but more importantly plenty of runners putting on the Ilford vest and doing the club proud.

Well done everyone and Thank you to all the coaches and people who work so hard behind the scenes helping make things happen

Sit back and enjoy ...

[ilfordathleticclub.co.uk/2022/07/18/press-report-19th-july-2022/](http://ilfordathleticclub.co.uk/2022/07/18/press-report-19th-july-2022/)

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately