



## The Essex Way 2022

Subject: The Essex Way 2022

Message from Billy Green July 12, 2022 08:30

All Club e-mail messages can now be viewed via the Ilford AC web site link at [ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

It's the time of year you've all been waiting for - Entries are now open for THE ESSEX WAY 2022 on Sunday 4th September.

Let's get a full team out this year - Enter on the following link, with the password being towie (all lower case)

[ilfordathleticclub.co.uk/essex-way-2022/](http://ilfordathleticclub.co.uk/essex-way-2022/)

See you all at the seafront for Fish and Chips at the end

If you need to respond to this email please do not reply but contact Billy Green separately