

Subject: Track times 2022 Message from Gary Floate June 27, 2022 17:53 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages Track times attached so far for this year, anything missing or amondments, please

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If you need to respond to this email please do not reply but contact Gary Floate separately

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