

Subject: Essex AA Relay Championships Message from Billy Green June 16, 2022 16:33 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

Dear all

The Essex AA Relay Championships will take place on Friday 15th July 2022, at Chelmsford Athletics Centre.

Enter here:https://data.opentrack.run/en-gb/x/2022/GBR/essexrelays/

x100m Relay SM, U17M, U15B, U13B, SW, U17W, U15G, U13G

3x800m Relay U17M, U15B, U13B, U17W, U15G, U13G

4x400m Relay SM, U17M, SW

4x300m Relay U15B, U17W, U15G

1600m Medley Relay (200m, 200m. 400m, 800m) SM, SW

The closing date for entries is WEDNESDAY 6TH JULY 2022

£16 per team .

A reminder that only athletes eligible to compete in Essex County Championships can be included in the team. If an athlete is found not to be eligible the team will be disqualified. Club vests must be worn and no advertising is allowed.

A copy of the UK Athletics policy on 'Use of Photographic and Video Images of children/young persons under the age of 18 can be obtained from the Championship Secretary

Regards

Billy



If you need to respond to this email please do not reply but contact Billy Green separately