

Ilford AC Press Report. Tuesday 14th June 2022

Subject: Ilford AC Press Report. Tuesday 14th June 2022 Message from Billy Green June 14, 2022 11:10 All Club e-mail messages can now be viewed via the Ilford AC web site link at ilfordathleticclub.co.uk/messages

.

Ladies and Gentlemen.

For your viewing pleasure, please find a link below for this weeks Press Report, another week where our runners shined.

A couple of the youngsters selected for English Schools selection, some nice shiny medals at the Essex Champs, an outstanding run from Ahmed and some great performances at the Southend Half Marathon.

Without much further ado (because Catherine is telling me to get on with it as she wants me out of the caravan and down the beach on this fine day) here is the report

ilfordathleticclub.co.uk/2022/06/14/press-report-14th-june-2022/

Regards

Billy

If you need to respond to this email please do not reply but contact Billy Green separately