



Ilford AC Press Report. 3rd May 2022

Subject: Ilford AC Press Report. 3rd May 2022

Message from Billy Green May 3, 2022 12:22

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

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A busy weekend for the club - and the Press man (I had to put this all together around a rare race for myself!)

Over the Bank Holiday weekend we had both the Seniors and Juniors competing with County medals, PB's and first places in abundance.

Terry Knightly gains his 70th County medal whilst yours truly did his first race since last May.

Our seasoned youngsters all gained PB's and/or race wins and we even had 10 of our youngsters competing in their first athletics event.

Grab your Bourbon (biscuits please Martin Clarke) and a cup of tea and read all about it here

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JUNIORS - ilfordathleticclub.co.uk/2022/05/03/junior-press-report-3rd-may-2022/

And here :- SENIORS - ilfordathleticclub.co.uk/2022/05/03/press-report-3rd-may-2022/

Regards

Billy.

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If you need to respond to this email please do not reply but contact Billy Green separately