



## Tommorows run - Bluebell Woods

Subject: Tommorows run - Bluebell Woods

Message from Billy Green April 23, 2022 08:27

All Club e-mail messages can now be viewed via the Ilford AC web site link at [ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

Hi Everyone don't forget our bluebell run this Sunday 9.30 from Chigwell Row.  
8 miles approx but can be made shorter.  
Runners, walkers, joggers welcome.

Please message Sharon for route directions or more info. Tea and cake afterwards.  
[sharonlhoney@hotmail.com](mailto:sharonlhoney@hotmail.com)  
07972824419

If you need to respond to this email please do not reply but contact Billy Green separately