

## **MANCHESTER MARATHON**

Sunday 3 April

In the 2022 Manchester Marathon two of Ilfords newer recruits used the club's structured training to record personal best times for the classic.

The race over a fast flat course from the Old Trafford cricket ground runs into the city for a short loop before heading out to Altrinham and back to the finish at the cricket stadium. This year the event included the England mens and ladies commonwealth Games trial which were won by Jonny Mellor and Becky Briggs respectively, both in course record times.

Joanne Reeves came home 2585th in a field of over 14000 finishers and 38th in the F45 category in 3 hrs 20 minutes 06 secs, a new personal best by over 10 minutes. This time places her 10th on the Ilford all time list ladies marathon list

Joel Denning recorded 3 hrs 29 mins 06 secs, also a personal best, finishing 3448th.

In the same race Amanda Ried, supporting her daughter who ran the Marathon, ran the first leg of a 'relay team'. She finished her 6.2 miles in 54 minutes 45 seconds.

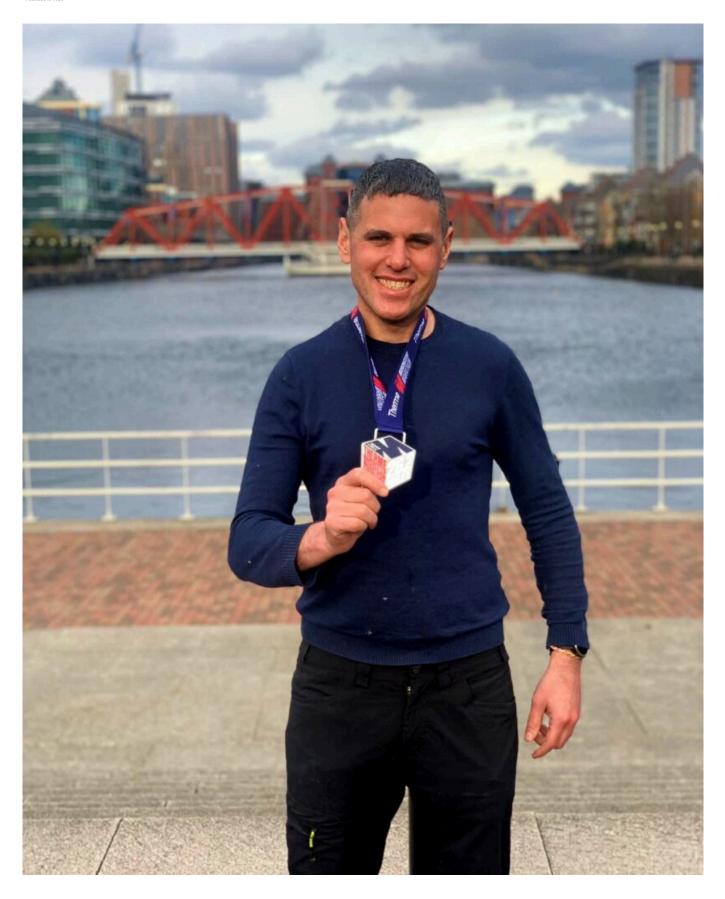












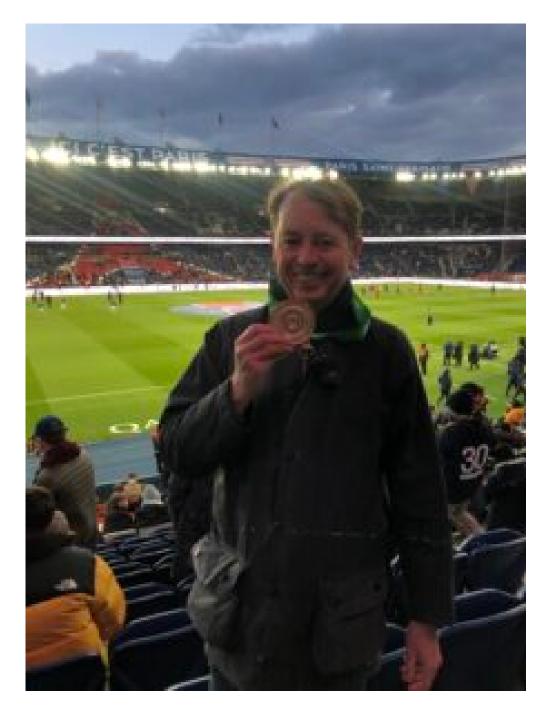




Elsewhere another of Ilford's newer members, Steve Lacey, ran in the Paris



Marathon and also achieved a PB finishing in 3 hrs 57 mins 41 secs, the first time he has got under the 4 hr mark, gaining him 1,368th place in a field of over 34,000 runners.







Closer to home Steve Chissell ran the Reading Half Marathon in a time of 1 hr 35 mins 16 secs for 338th place of 3,620 finishers.