



Track Season

Subject: Track Season

Message from Billy Green March 9, 2022 17:33

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

Message below from Wayne

To all Ilford AC Members

The 2022 Track season is nearly upon us and once again the club is entered in the Southern athletics senior league and the Eastern Young Athletes league

Below are dates and venues:

Southern league

Sunday May 22nd Lee Valley

Sunday June 12th Parliament Hill

Saturday July 16th Lee Valley

Saturday August 13th Woodford

Eastern Young athletes League

May 1- Thurrock

June 5th-Chelmsford

July 10th Hornchurch

August 14th Braintree

For the Southern league please support your club .In every match we struggle to get enough helpers or athletes . Feel free to come along and try an event you have never done to help the club get points. Over last few years we have had club members who have never competed on the track before and really surprised themselves on how well they did and how much they enjoyed the day and the support of the whole Ilford team. If you are interested in



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helping/competing please contact wayne Hick(w.m.hick@btinternet.com)

To compete for the club you do need to be a club member and I will need to register you with the Southern league

For the young athletes league the age group is 11-16 and athletes compete in their own age group. Once again if we have any youngsters that want to compete please provide me details asap with name, age group, English athletics number and events they would like to compete in

Wayne

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If you need to respond to this email please do not reply but contact Billy Green separately