



Ilford AC Press Report Saturday 29th January 2022

Subject: Ilford AC Press Report Saturday 29th January 2022

Message from Billy Green February 1, 2022 11:13

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Saturday saw 8 Ilford runners put themselves up against some of the best Cross Country runners in the South of England in the SEAA Cross Country Championships.

All did the club proud with strong performances, which is a credit to their coaches and the hard work they put in to their training.

Read the report here:-

ilfordathleticclub.co.uk/2022/02/01/press-report-1st-february-2022/

Regards

Billy Green

If you need to respond to this email please do not reply but contact Billy Green separately