



Chingford League – Saturday 5th February

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Message from Billy Green January 28, 2022 09:18

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ilfordathleticclub.co.uk/messages

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Not been a good season in the Chingford League for one reason or another, mainly fixture clashes.

Let's make the last fixture of the season a good one and get some bodies out. There's a very good chance of avoiding relegation with a strong squad running well.

No hills, no mud no excuses.

If you have raced before remember to bring your number.

If you haven't got a number, or have lost it contact me if you want to race.

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately