



## Ilford AC News

Subject: Ilford AC News

Message from Billy Green January 3, 2022 19:16

All Club e-mail messages can now be viewed via the Ilford AC web site link at [ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

Please click the link below for the latest news from Ilford AC.

Some important information regarding this weeks Essex Champs, the Essex League which we are hosting on the 22nd January and our own 10 mile champs so please take the time to read it - even if you don't normally !

Going to need more volunteers, and need people to confirm previous commitments

News here - [sway.office.com/tyH65bzRG93OPV1c?ref=Link](https://sway.office.com/tyH65bzRG93OPV1c?ref=Link)

Thank you

Billy Green

If you need to respond to this email please do not reply but contact Billy Green separately