



## Ilford AC Press Report / Newsletter – 19th October 2021

Subject: Ilford AC Press Report / Newsletter – 19th October 2021

Message from Billy Green October 19, 2021 11:42

All Club e-mail messages can now be viewed via the Ilford AC web site link at [ilfordathleticclub.co.uk/messages](http://ilfordathleticclub.co.uk/messages)

Another successful weekend for the club.

After missing out on the London Marathon, Amin took on the Colchester Marathon last weekend and claimed first M50. Amin was backed up by Terry Knightley (who is currently for a small charge doing tours of his trophy room) who claimed first M60.

Elsewhere Paul Holloway had a good run in Yorkshire after being chosen from just 104 athletes around the country to represent England in the 'English Masters' series.

We also have a belated report on our talented youngsters taking part in the London Mini Marathon on 3rd October as a result of delayed results/reports coming through to Press HQ in Romford.

Finally Sparra seems to have enjoyed his race in Lullingstone, which was a sterling effort just 2 weeks after his run in the London Marathon.

Full report below:-

[ilfordathleticclub.co.uk/2021/10/19/press-report-19th-october-2021/](http://ilfordathleticclub.co.uk/2021/10/19/press-report-19th-october-2021/)

This weeks newsletter is below –

[sway.office.com/abml7oR1Lmf1DXBZ?ref=Link](https://sway.office.com/abml7oR1Lmf1DXBZ?ref=Link)

Regards

Billy

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If you need to respond to this email please do not reply but contact Billy Green separately