



Mens all Time list

Subject: Mens all Time list

Message from Gary Floate October 15, 2021 20:20

All Club e-mail messages can now be viewed via the Ilford AC web site link at

ilfordathleticclub.co.uk/messages

Mens list updated and can be found here

ilfordathleticclub.co.uk/recordsbest/tf-records-and-best-performances/t-f-best-performances-men/

Performances from this year

100m

Fidunu 2nd u20 list 6th All time list

Hakim 9th Senior list, 11th all time list

Elijah 35th U20 list

Pete 38th Vet list

200m

Fidunu 6th U20 list, 11th all time list

Elijah 48th U20 list

Oliver 42nd U17 list

Lucas 39th U15 list

Pete 3rd Vet 60 list

400m

Farris 27th U20 list

Oliver 22nd U17 list

Lucas 8th U15 list

Henry 3rd Vets 50 list

800m

Paul 1st Vet CR 8th All time

Farris 2nd U20 list 11th All time

Jak 13th U20 list

Bradley 17th U20 list

Dylan 33rd U20 list

Joseph 20th U15 list

Lucas 47th U15 list

James 48th U15 list



Mens all Time list

1500m

Paul 1st Club record Vet, 21st all time list

Jak 5th U20 list & 27th all time list

Bradley 12th U20 list, 49th all time list

Mungo 13th U20 list

Farris 18th U20 list

Dylan 44th U20 list

Joseph 7th U15 list

Ryder 35th U13 list

Tony 17th Vet 50 list

Rob 7th V60 list

Mile

Rhys 30th U20 list

Samuel 8th U15 list

Ryder 6th U13 list

3000m

Jak 13th U20 list and 49th all time list

Mungo 17th U20 list

Bradley 20th U20 list

Joseph 1st Club record U15

Amin 9th Vets list

Rhys 35th U20 list

5000m

Ahmed 5th Senior list, 5th All Time list

Danny 22nd Vets 40 list

10,000m

Ahmed 7th Senior list, 7th All Time list

Gary C 6th Vets list

Danny 13th Vets list

Steve 14th vets list

Tony 19th Vets list

400mh

Rhys 8th U20 list , 42nd all time list



Mens all Time list

2000s/c

Rhys 13th All time list

Long jump

Fidunu 12th U20 list 21st All time list

Ted 27th Vets List

Triple Jump

Rhys 45th u20 list

High Jump

Fidunu 5th U20 List and 7th All time list

James 50th U15 list

Pole Vault

Paul 7th Vets List

Pete 12th Vets List

Shot

Pete 31st Vets list

Wayne 36th Vets list

Discus

Pete 34th Vets list

Hammer

Pete 16th Vets List

Roger 24th Vets list

Jeevekan 38th All Time list

George 45th All time list

Javelin(New)

Jeevakan 23rd All Time list

Henry 14th Vets List

Pete Whiting 16th Vets list

George 33rd All time list

Aaron Hick 36th U15 All time

Any omissions from this year or previous years, pleas send full details to me



Mens all Time list

Gary

If you need to respond to this email please do not reply but contact Gary Floate separately